



San Francisco VA Medical Center

2015-2016

Psychology Externship Program

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Clinical Psychology Internship and Practicum Programs

Table of Contents

Introduction, Eligibility, Application Process	3
Santa Rosa CBOC/Community Mental Health.....	5
General Addictions Clinic.....	6
Opioid Treatment Program (OTP).....	8
Women's Clinic.....	10
Health Psychology.....	11
HIV/HCV Treatment.....	12
General Psychiatric Outpatient Clinic.....	14
Neuropsychology.....	15
Psychosocial Rehabilitation (PSR).....	16
PTSD Treatment (PCT).....	17
Application	19-24
SFVAMC Psychology Training Staff.....	25-35

Psychology Externship Training Program Training Year 2015-2016

Application deadline is **February 20, 2015**.

Training Opportunities

We are offering externship (practicum) training this year in the areas of: **Community Mental Health/Santa Rosa CBOC, General Addictions, Opioid Use Disorder Treatment, Women's Clinic, Health Psychology, HIV/HCV Treatment, General Outpatient Psychotherapy, Neuropsychology, Psychosocial Rehabilitation, and PTSD Treatment.**

A copy of our comprehensive Psychology Predoctoral Internship Training Program brochure is available on this website if you would like more information about our Medical Center and our training site. The following pages include specific descriptions of the separate externship training rotations as well as biosketches of our training staff.

Eligibility & Requirements

To be eligible for externship placement at San Francisco VA Medical Center, you must in good standing at an APA accredited doctoral program in psychology. All applicants must have had varicella (chicken pox) or the vaccination and will be required to take a PPD test prior to start. San Francisco VA is a drug-free workplace.

Externships are without financial compensation and are typically 16-20 hours per week; days and hours will be negotiated with supervisors and may vary between emphasis areas. The training year begins on **July 1, 2015** and ends on **June 30**. There is a 3 day required Psychology Trainee Orientation at the start (**July 1, July 2, July 6**) as well as a two-day Medical Center Orientation that may be taken in July or August.

Application Procedure & Selection

To apply, please copy and paste the application at the end of this brochure into a word or pdf document and email the enclosed application materials to **SFVAMC_MHS_psychology_practicum@outlook.com** no later than **February 20, 2015**.

On the application cover page, Part 1, please **rank order** your preferences if you are applying to more than one area. Your application will be reviewed by the rotation supervisors you selected in your rank order list. If a supervisor in a specific rotation would like to invite you for an interview, they will contact you directly to set up a date and time. If you are not invited to interview by an emphasis area, you will not be considered or ranked by that particular emphasis area. Interviews will take place during March.

SFVAMC is participating in the BAPIC Match and will submit individual rankings for each emphasis area on April 1, 2015. BAPIC Match Results will be announced on Ranking Day **April 8, 2015**.

Please note: It is important that applicants be aware that we make a clear distinction between “internship” and “externship” training, and applicants are asked to sign a brief statement at the end of our externship application so as to avoid any misunderstanding. We use the term “externship” to denote a part-time (less than 40 hour/week) unfunded practicum experience with a concentration in a particular area. The hours accrued as an extern at our Medical Center are not counted for California licensure as a psychologist. If you are a respecialization student and need to count your hours, please discuss this with your potential supervisor during your interview.

Contact Information

For questions about specific rotations, you may contact the supervisors directly at the email address listed on each rotation description. General administrative questions may be sent to Jamye Kubick at jamye.kubick@va.gov and general questions about the overall SFVAMC Psychology Training Program may be sent to Kellie Rollins, PsyD, Director of Training, at kellie.rollins2@va.gov.

Note: We kindly ask that you do not call the program to check on the status of your application. We aim to preserve staff support resources as much as possible in order to sort and review applications in a timely manner.

Thank you for your interest in our program.

Santa Rosa Veterans Affairs Community Based Outpatient Clinic (CBOC)

Emphasis on Community-based Mental Health with non-urban Veteran Populations

The Santa Rosa CBOC is located 55 miles north of San Francisco and is a satellite clinic of the San Francisco VA Healthcare System, serving veterans from Sonoma, Napa, and Mendocino counties. The Santa Rosa Clinic is the largest VA CBOC in Northern California, serving almost 10,000 veterans with ten specialty clinics onsite. The Mental Health Clinic functions as a generalist clinic, with a strong emphasis in community-based care and evidenced-based treatments. It serves a unique and diverse patient population with an increasing number of returning OEF/OIF/OND veterans, as well as aging Vietnam and older veterans. The Mental Health Clinic provides high quality care for veterans with both acute and chronic problems across the lifespan, including the treatment of posttraumatic stress disorder related to combat and military sexual assault, substance use disorders, anger management, depression, chronic mental illness, and psychiatric illness co-occurring with medical conditions. The MH team in Santa Rosa consists of six psychologists, two psychology postdoctoral fellows, two psychology externs, four psychiatrists, two psychiatric nurses, one clinical social worker, one psychiatric nurse practitioner, two peer specialists, and staff assistants. Mental health providers have expertise in multiple areas, including behavioral health, substance use disorders, group psychotherapy, PTSD (including Cognitive Processing Therapy), mindfulness, women's health, and suicide prevention.

The Santa Rosa CBOC offers 1-2 externships (16- to 20- hours per week) to advanced pre-doctoral students enrolled in APA-accredited psychology programs. Students in their fourth and fifth years during the 2015-2016 year are given preference due to the complexity of the patient population. The primary emphasis of the externship is general skill development focused on clinical interviewing, diagnostic formulation, clinical conceptualization & writing, and evidence-based individual and group treatment. The externs function as part of the multidisciplinary team and will receive weekly clinical and didactic training, as well as participate in clinical team meetings and case presentations. Supervision is provided under the direction of staff psychologists. Externs also gain exposure to multidisciplinary team functioning and methods of coordinating care across disciplines.

Contact: Dr. Turner, Santa Rosa CBOC Training Coordinator at Andrew.Turner2@va.gov

General Addictions Clinics

In the General Addiction Clinics there are a range of excellent training opportunities in the assessment and treatment of substance use disorders and co-occurring conditions that span the continuum of recovery from initial engagement and contemplation of change through long-term recovery. There are two general addictions clinics and externs may participate in rotations focused in either clinic or both. Veterans admitted to these clinics manifest problems based on the multiple disabilities which are typically related to a history of addiction to alcohol and other drugs of abuse. Problems may include psychiatric disorders such as primary affective disorders and primary psychoses, transient affective or psychotic symptoms resulting from substance abuse, PTSD or other anxiety disorders, dementia and varying degrees of cognitive impairment, and personality disorders of all types. About 70% of enrollees have problems with multiple substances. Drugs of abuse include alcohol, amphetamines, cocaine, benzodiazepines, opiates and marijuana.

The **Substance Abuse Day Hospital (SADH)** provides comprehensive intensive outpatient treatment. The SADH is an intensive outpatient program in which patients attend therapeutic activities from 9 am-noon for three to five days per week. Each patient has a case manager, however, groups are the primary mode of treatment. Group topics include relapse prevention, mindfulness meditation, psychoeducation, vocational therapy, recreational therapy, 12-step, and process. There are groups based upon CBT and DBT principles and groups designed to build a recovery oriented therapeutic milieu. Trainees working in SADH will develop expertise in assessing, diagnosing and treating substance use disorders and related medical and psychiatric conditions, including managing and appropriately triaging intoxication and withdrawal. There is a range of ongoing group therapy offerings on the SADH that trainees may participate in. You will have an opportunity to work with other trainees, including addiction medicine fellows, anesthesia pain fellows, psychiatry residents, medical students, and other psychology trainees. The multidisciplinary team allows for a unique opportunity to collaborate with experts in related fields.

The **Drug and Alcohol Treatment Clinic** is designed to encourage long-term continuing care within an abstinence-based model. Treatment is based on a three phase model (roughly equivalent to stabilization/sobriety, sustained recovery/abstinence, and integration/ ongoing maintenance), and utilizes group psychotherapy as main treatment modality. In this model, early treatment is highly structured and behaviorally oriented, and externs will have the opportunity to co-facilitate skills-based groups such as CBT Relapse Prevention and Mindfulness Based Relapse Prevention. It is likely that additional skills group opportunities will be available depending upon the clinic need at the time. In the past, Seeking Safety, DBT, and Anger Management groups have been offered. Externs will also co-facilitate semi-structured, process style groups with their primary supervisor, where advanced phases are progressively less structured and more psychotherapy/insight oriented. While abstinence is the goal for the bulk of the programming in the General Addictions Clinics, level of motivation vary among veterans and externs can participate in a motivational enhancement group for veterans struggling with chronic relapse, an MI based group for veterans who have committed to seeking assistance but have not committed to complete abstinence, and/or a substance use group for women veterans who may or may not be ready to commit to abstinence.

Additional Information about Externship in the General Addiction Clinics:

Individual psychotherapy (short-term and long-term) is available and externs will be encouraged to adopt the treatment modality that best meets the needs of the veterans they are working with (e.g. CBT, dynamic psychotherapy, existential, etc). Traumatic childhood histories are fairly common among this veteran population and in the context of substance dependence, many veterans demonstrate pervasive dysregulation of affect, cognition, behavior, relationships, and self-identity and frequently present chronic homelessness, legal consequences including court-mandated treatment, and extensive interpersonal problems. Externs will have the opportunity for case management and collaboration with numerous community partners including transitional housing and residential treatment programs, back-to-work programs, VA medical providers, probation officers, and various social service agencies.

Externs may also be able to participate in the Behavioral Access Center, where all veterans seeking mental health care are initially evaluated and triaged to various clinics within the VA system. This experience requires approximately 4 hours each week, and externs will develop skills conducting comprehensive integrated evaluations and implementing initial treatment plans for veterans presenting with a wide range of psychiatric needs. The Behavioral Access Center offers a high-paced, rich learning environment, where emphasis is placed on early treatment engagement, brief stabilization therapy when warranted, and team collaboration across clinics and disciplines to increase timely access to care for all veterans at the SFVAMC. Externs can expect to complete several integrated assessments, and carry 2-3 brief psychotherapy cases, for each 6 month rotation. The Access Center is also the clinic that houses a motivational interviewing based group for veterans to explore their motivation for making changes to their substance use. Externs may have the opportunity to co-lead this group.

Externs will work with their primary supervisors to determine individualized training plans that will include didactics and readings in addition to the clinical opportunities described above. There are three different seminars that are open and available to externs in the General Addictions Clinic. Externs will be encouraged to attend a bi-weekly clinical seminar and case conference with staff from the Substance Abuse Programs (currently meets on the 1st and 3rd Monday of each month). Externs may also participate in a Substance Abuse Programs seminar facilitated by John Straznickas, M.D. that fulfills the substance abuse requirements for state licensure (Mondays noon to 1pm for 6 months) and/or the advanced substance abuse seminar (Wednesdays 1-2:30 year round), which often features cutting edge research and guest lecturers who are experts in the field. Externs will be encouraged to develop talk and deliver case presentations when possible.

Externs will be selected to work with one of the Staff Psychologists as a primary supervisor, but may have the opportunity to do rotations or focused projects or cases with each of the primary supervisors. The primary supervisors and Staff Psychologists are Chris Galloway, PhD, Jessica Keyser, PhD, and Joni Utley, PsyD. In these clinics training experiences may also be supervised by Sally Vrana, MD, Staff Psychiatrist and Medical Director of DAT and Ellen Herbst, MD, Staff Psychiatrist and Medical Director of SADH.

Contact information: Dr. Galloway at Christopher.galloway@va.gov

Opioid Treatment Program (OTP)

The Opioid Treatment Program (OTP) within the Addiction & Recovery Treatment Service (ARTS) of the Mental Health Service at SFVAMC is an intensive outpatient substance abuse treatment program for Veterans with primary opioid dependence and offers comprehensive mental health services, psychosocial rehabilitation, and medication-assisted treatments for addiction. The majority of OTP patients also have co-occurring psychiatric disorders and polysubstance use (e.g., stimulants, alcohol, benzodiazepines, nicotine). We operate from a harm reduction model although abstinence is the goal of many of our patients. Given the destructive nature of chronic substance use, particularly injection drug use, many also suffer from other medical illnesses such as hepatic diseases and severe psychosocial stressors such as homelessness. Patients are mostly men, range in age from 23-85, and 40% are ethnic minorities. Younger cohort is on the rise, as are women Veterans.

OTP functions as an interdisciplinary hospital team that includes a psychologist, a psychiatrist, a social worker, nurses, addiction therapists, psychology postdoctoral fellows, psychology interns, psychiatry residents, addiction medicine fellows, nursing students, a toxicology specialist, and pharmacy staff. Although classified as an outpatient program, the milieu more resembles an intensive day program and many Veterans come to the program 3-7 days per week. Dispensing is open every day and psychological services are offered in the mornings Monday-Friday.

Training in the OTP Clinic will provide externs with an opportunity to increase the understanding of the biopsychosocial underpinnings of substance use disorders and develop a solid foundation in effective treatment strategies for addiction, co-occurring disorders, and recovery from the drug-using lifestyle. Therapy is primarily integrative and patient-centered with case conceptualizations largely approached from psychodynamic or interpersonal perspectives. Clinical opportunities include co-facilitation of psychotherapy groups (process-oriented or skills-based), individual psychotherapy cases (both long and short-term), psychodiagnostic assessment, treatment planning, and consultation. The extern will have the opportunity to plan, develop, and implement a psychotherapy group with another trainee or staff member. Examples of current and past such groups are: SAMHSA's Matrix Group for Stimulant Use Disorders, DBT, Seeking Safety, interpersonal psychotherapy, mindfulness groups, sexual health group, alcohol recovery, social skills and social anxiety groups, and anger management. Externs may also co-lead a motivational enhancement group with Joan Zweben, PhD, a nationally recognized leader in the substance abuse treatment field and some years, a co-facilitated dreams group with Dr. Zweben and Dr. Loma Flowers.

Additionally, to help prepare graduate students for internship, externs will complete at least one full psychological assessment battery, write a comprehensive integrated report, and present the findings to the team. Scheduling permitted, externs may join a team in the Behavioral Health Access Center. The Access Center promotes brief interventions up to six sessions and includes patients presenting with general mental health issues (not just substance abuse). The team is interdisciplinary and includes a didactic hour promoting an intense learning environment. Externs will have the opportunity to observe experienced staff, work together or more independently depending on the case and extern skill level. Graduated levels of responsibility promote close supervision, teamwork and a unique training opportunity.

Additionally, OTP has an Opioid Overdose Prevention & Naloxone Distribution (ONDP) program that provides Veterans and their significant others with kits that include the antidote to opioid overdoses. We

also house a Prescription Opioid Safety Team that works with Veterans and their primary care physicians. There may be opportunity to collaborate with staff on these projects as well engage in the array of research in substance abuse at SFVAMC.

Externs will be fully integrated into the OTP Team and participate in Clinical Team Meetings where consultation with other team members representing broad disciplines will be expected. In addition, externs will attend the advanced Substance Abuse Seminar chaired by Dr. Zweben and Steve Batki, MD, Chief of Substance Abuse Programs. Scheduling permitted, the weekly 1 hour substance abuse lecture series for UCSF psychiatry residents led by John Straznickas, MD, is also open to the OTP extern and meets coursework criteria for the education in substance use disorders requirement for California licensure (currently held on Fridays at noon).

One hour per week of individual supervision with Kellie Rollins, PsyD and one hour of group supervision with the postdoctoral fellow working in the SUD emphasis area will be provided. If co-leading group with Dr. Zweben, she will provide 30 minutes of additional supervision. Consultation with OTP Medical Director and other physicians and staff occur regularly.

Practicum is 16 hours per week on Tuesdays and Wednesdays. An optional additional 4 hours may be negotiated.

Contact information: Dr. Rollins at Kellie.rollins2@va.gov

Women's Mental Health

The Women's Clinic Mental Health Program provides clinical training in trauma informed and gender sensitive mental health treatment. The externship training experience offers an opportunity to work in a collaborative setting with a multidisciplinary team consisting of psychology, psychiatry, social work, and primary care providers. Patients in the Women's Clinic are women and transgendered veterans from multiple service eras and spouses of disabled veterans who present with a wide array of mental health issues. Many patients presenting to the Women's Clinic have histories of complex trauma, Military Sexual Trauma, and interpersonal difficulties. Extern in the Women's Clinic will primarily receive training and supervision in the treatment of depression, risk management, personality disorders, PTSD, and other anxiety disorders. In addition, coordination of care with other SFVA specialty clinics, such as pain management and substance use disorders, other VA resources such as the Vet Center, and community-based mental health services, is also part of standard care for many patients.

Pre-doctoral extern in the Women's Clinic has the opportunity to co-facilitate groups such as Seeking Safety, Acceptance and Commitment Therapy, and Mindfulness-based Stress Reduction group. In addition, extern will have the opportunity to provide short and long-term psychotherapy utilizing primarily Cognitive Behavioral Therapy (CBT), Interpersonal Psychotherapy (IPT) and Time-Limited Dynamic Psychotherapy (TLDP).

There will be one pre-doctoral externship training position available in the Women's Clinic in the 2014-2015 training year. The extern will be supervised by primary supervisor and staff psychologist, Dr. Hui-Qi Tong. Pre-doctoral externship training in the Women's Clinic is structured as a part-time (20 hours/week) training experience over a 12-month period. The training year begins on July 1st and continues through June 30th. Pre-doctoral extern in the Women's Clinic spends his/her time as follows:

%	Hrs/wk	Training Activity
80	16	Direct patient care
5	1	Seminar/didactic Training
10	2	Individual/group supervision (Dr. Hui-Qi Tong)
5	1	Case conference

Contact information: Hui-Qi Tong, PhD at hui-qi.tong@va.gov

Health Psychology

The Health Psychology Program provides clinical training in various aspects of behavioral medicine, including pain management and cognitive-behavioral treatment of anxiety, depression, and somatoform disorders. Clinical training is provided in other aspects of behavioral medicine including adjustment to chronic illness, smoking cessation, weight control, and treatment of psychophysiological disorders. The predoctoral externs in Health Psychology provide psychological consultation and conduct stress and pain management therapy (both group and individual), biofeedback, and hypnotherapy. In addition, they perform psychological evaluations for candidates for bariatric surgery, co-lead weight control groups and serve on interdisciplinary teams in the areas of pain management, smoking cessation, and obesity treatment (VA MOVE!).

Supervision

Clinical supervision is provided by Timothy P. Carmody, Ph.D., Director of the Health Psychology Program. Supervision is provided in weekly one-on-one sessions, case conferences, and co-therapy experiences in cognitive-behavioral groups. Externs also participate in the interdisciplinary Pain Assessment Clinic on Monday afternoons where additional supervision is provided by Dr. Sarah Palyo, Clinical Director of the Intensive Pain Rehabilitation Program. Dr. Jessica Keyser, staff psychologists in the ORT Clinic, provides additional supervision of the psychological evaluations of bariatric surgery candidates.

Didactic Training

There is a weekly Health Psychology Seminar. Topics include chronic pain, adjustment to illness, integrated models of care, cognitive behavior therapy, self-care in disease management, weight management, stress management, smoking cessation, mindfulness, biofeedback, and hypnosis. There are also presentations on various topics in general medicine including coronary heart disease, hypertension, diabetes, chronic obstructive pulmonary disease, and cancer.

Predoctoral Externship Positions

There are two predoctoral externship training positions available in the Health Psychology Program during any given training year. Predoctoral externship training in Health Psychology is structured as a part-time (16-20 hours/week) training experience over a 12-month period. All clinical training activities in Health Psychology are scheduled on Mondays, Wednesdays, and Thursdays. The training year begins on July 1st and continues through June 30th.

Predoctoral externs in Health Psychology spend their time as follows (based on 20 hours/week):

%	Effort Hrs/wk	Training Activity
75	11-15	Direct patient care
10	2	Seminar/didactic Training
15	3	Supervision

Contact information: Dr. Carmody at timothy.carmody@va.gov

HIV/HCV Psychology

Description of Pre-doctoral Externship Training

The HIV & Hepatitis C (HIV/HCV) externship provides clinical training in various aspects of health psychology and behavioral medicine in HIV and Hepatitis C clinical care. For veterans living with HIV these include a wide range of clinical issues including adjustment to diagnosis, stigma, medication/treatment adherence, pain management, substance abuse, smoking cessation, and other behavioral health issues related to disease prevention and healthy living. Externs will also see patients for anxiety, depression, PTSD, and other mental health issues. For veterans living with HCV, externs will see patients for initial evaluation to determine treatment readiness for interferon treatment, will see patients for brief or long-term individual therapy to increase HCV treatment readiness, and provide on-going support for patients while on HCV treatment. There are opportunities to co-lead groups in both clinical settings and opportunities for training in Acceptance and Commitment Therapy (ACT).

Potential clinical opportunities available include:

- Co-lead Hepatitis C support group
- Conduct Hepatitis C focused telehealth sessions
- Conduct intakes for HIV patients interested in MH services
- Conduct treatment-focused mental health evaluations to determine readiness for antiviral treatment
- Conduct brief neuropsychological evaluations of HIV and Hepatitis C patients and write report
- Maintain caseload of individual therapy patients, referred through the HIV and/or Liver Clinic
- Consult with medical providers and other mental health providers on cases

Predoctoral Externship Positions

There is one predoctoral externship training position available in HIV/HCV. Preference will be given to externs in their 3rd/4th year of training. The externship is structured as a part-time (20 hours/week) training experience over a 12-month period. The extern will be expected to be on campus on Tuesday, Wednesday, and/or Thursday (time spread across two or three days; see example schedule below). The training year begins on July 1st and continues through June 30th.

Day	Time	Location	Scheduled activities
Monday	9:00-10:00am	Virtual	National HIV/HCV Didactic Seminar
Tuesday	8:00-5:30pm	Ft. Miley Campus	11:00-12:00pm Group Supervision
Wednesday	8:00-5:30pm	Ft. Miley Campus	11:00-12:00pm ACT Learning Group

Supervision

Supervision is provided in weekly individual and group supervision and a weekly case conference. One hour of face-to-face individual supervision and one hour of group clinical supervision will be provided by William Hua, PhD, staff psychologist and director of the HIV/HCV Psychology Training Program; additional supervision may be provided in specific activities (e.g. in-clinic supervision, curbside consultation) by the HIV/HCV postdoctoral fellow.

Didactic Training

The extern will participate in the National HIV/HCV virtual seminar series, which focuses on the clinical care and mental health management of HIV and Hepatitis C patients. This didactic occurs every other Monday

from 9:00-10:00am. Case conferences will be every Tuesday morning from 11:00-12:00pm. The Acceptance and Commitment Therapy (ACT) learning group supervision takes place twice a month.

Contact information: Dr. Hua at William.hua@va.gov

General Psychiatric Outpatient Program (GPOS) Psychotherapy Clinic

The GPOS Psychotherapy Clinic at the VA San Francisco Medical Center provides training in evidence-based psychotherapy for the treatment mood and anxiety disorders, as well as related and co-occurring conditions (e.g., borderline personality disorder, psychotic disorders, insomnia, nightmares). The program focuses on the use of evidence-based psychotherapy (primarily cognitive-behavioral interventions) and the use of case formulation to guide treatment. Trainees can participate in structured cognitive-behavioral group therapy for major depression, CBT group for anxiety disorders, and individual cognitive-behavioral therapy for mood and anxiety disorders. Additional possible opportunities (depending on resources, interest, and patient need) include dialectical behavior therapy for borderline personality disorder, cognitive-behavior therapy for psychosis, cognitive-behavior therapy for insomnia, imagery rehearsal therapy for nightmares, mindfulness-based stress reduction, diagnostic assessment using the Structured Clinical Interview for the DSM-IV (SCID), diagnostic screening, and provision of services via video-conference.

Supervision

Clinical supervision will be provided by John R. McQuaid, Ph.D., and there are opportunities to work with and receive supervision from GPOS psychiatrists, psychologists, and nurses . Supervision will be provided in weekly one-on-one sessions and co-therapy experiences in cognitive-behavioral groups. Treatment will be either audio or video recorded for supervision purposes. Trainees can also participate in group supervision team, and receive additional supervision from postdoctoral fellows in the rotation.

Didactic Training

There is a weekly, 9-month long seminar open to trainees and staff on evidence-based psychotherapy. Topics include principles of cognitive and behavioral therapies, overview of current evidence-based therapies (interpersonal psychotherapy, dialectical behavior therapy, “third wave” interventions) application to specific disorders (depression, anxiety, personality disorders, psychosis) and additional topics of interest to the class.

Predoctoral Externship Positions

There will be one externship training position available in the GPOS Psychotherapy Clinic during any given training year. Externship training in mood disorders will be structured as a part-time (up to 20 hours/week) training experience over a 12-month period. The training year begins on July 1st and continues through June 30th. Externs in mood disorders are anticipated to spend their time as follows:

% Effort	Hrs/wk	Training Activity
75	15	Direct patient care
10	2	Seminar/didactic Training
15	3	Supervision

Contact information: Dr. McQuaid at john.mcquaid@va.gov

Neuropsychology

The Neuropsychology Externship Program (20 hours/week) provides training in neuropsychological evaluation and consultation. Externs participate in weekly didactic training and case-conference meeting (2.5 hours). A variety of assessment techniques are taught and practiced, and basic psychometric principles are reviewed. Trainees gain experience applying a hypothesis-testing approach to the neuropsychological evaluation, and learn to select and integrate methods from clinical interviewing, intelligence testing, cognitive screening assessments, more detailed battery-approaches to neuropsychological assessment, projective testing, and traditional self-report techniques (MMPI-2, PAI, NEO-PI-R, etc.). Basic neuroanatomy is also reviewed in these seminars. Further opportunities are available for attendance at brain-cutting and psychiatry and neurology rounds.

The Neuropsychology Program provides consultation services to many different programs of the SFVAMC and VA clinics and programs in the surrounding region. Clinical conditions include neurodevelopmental conditions (e.g. LD and ADHD), acquired conditions related to strokes and TBI, Epilepsy) and neurodegenerative disorders including Alzheimer's dementia and Parkinson's disease, and other Axis I and Axis II mental health disorders (including PTSD, mood, and substance abuse disorders). Trainees will have an opportunity to perform evaluations for individually scheduled outpatient appointments or at the bedside, and to participate in the weekly multidisciplinary Memory Disorders Clinic. Trainees participate in all phases of patient evaluation and consultation, including information gathering, assessment, scoring and interpretation, report writing and case-conferences, feedback and consultation to patients, family members and health care providers. Referral questions are broad and range from educational evaluations and recommendations for accommodations, requests for diagnostic clarification, determination of decision making capacity, and more. Externs may also participate in neurorehabilitation and learn techniques to support or remediate cognitive impairment.

Dr.'s Filanosky and Rothlind are the supervising psychologists for this training experience. Dr. Filanosky is dually trained in rehabilitation psychology and clinical neuropsychology and board certified in the former. He co-leads the primary care behavioral health integrated clinic which he helped to develop in 2007 after completing his postdoctoral fellowship at Mount Sinai Hospital in New York. He is a licensed as a Psychologist in California. Dr. Rothlind has been the Director of the Neuropsychology Program at the SFVAMC since May, 1995. Prior to joining our Service, he served on the faculty of the University of Maryland School of Medicine (1992-1995), where he also provided training and supervision in the area of clinical neuropsychology. He is licensed as a Psychologist in California.

Contact information: Dr. Rothlind at Johannes.rothlind@va.gov or Dr. Filanosky at Charles.Filanosky@va.gov

Psychosocial Rehabilitation (PSR)

The Psychosocial Rehabilitation (PSR) externship focuses on providing recovery-oriented services to Veterans with serious mental illness (SMI). Practicum students will work with Veterans with diagnoses including schizophrenia, schizoaffective disorder, major depression, bipolar disorder, psychosis NOS, and severe PTSD, as well as co-occurring conditions. Clinical training is provided in a number of clinics and programs, across a continuum of coordinated services: Psychosocial Rehabilitation and Recovery Center (PRRC), the General Psychiatry Outpatient Service (GPOS), the Psychiatric Intensive Care Unit (PICU), the Workplace Violence Prevention Program (WVPP) and Telemental Health (TMH). Opportunities are available to provide short- and long-term individual and group interventions to Veterans with SMI, including individual recovery advising and evidence-based therapies such as Cognitive Behavioral Therapy for psychosis, Ending Self Stigma, and Social Skills Training. In addition, practicum students will have the opportunity to administer comprehensive neuropsychological assessments. All of these services will be provided according to the Recovery Model of PSR, reducing stigma, empowering Veterans to pursue their life goals, and promoting hope. Across settings there is an emphasis on interdisciplinary collaboration and approaches, and externs are valued members of interdisciplinary teams. Each extern will also participate in one recovery-oriented program development project during the year. The number of hours per week for each site and activity will be worked out collaboratively with the student at the outset of the practicum, to take into account the particular student's skills, interests, and training needs.

Weekly individual and group supervision will be provided by Elena Bassett, PhD; Jennifer Boyd, PhD, CPRP; and Michael Drexler, PhD, CPRP. Externs will also participate in weekly didactic seminars covering a variety of topics related to psychosocial rehabilitation and recovery.

There are 3 PSR externship positions available. The externship is structured as a part-time (16-24 hours/week) training experience over a 12-month period.

Contact information: Dr. Drexler at Michael.drexler@va.gov

Posttraumatic Stress Disorder Clinical Team (PCT)

The PCT at San Francisco VA Medical Center is one of the largest in the nation with regard to clinical activity. Our PCT specializes in the outpatient treatment of veterans from all eras who have PTSD related to combat, combat support, combat training, or military sexual trauma (MST) in the course of active duty military service. We also treat veterans whose primary mental health diagnosis is PTSD, regardless of trauma type, and a significant proportion of our patients have histories of complex trauma. Many of our veterans suffer from co-morbid disorders, depression and substance abuse being the most frequent. Issues regarding medical illness, chronic pain, postwar adjustment, and relationship stress are increasingly common.

We serve a predominantly male population ranging in age from 18 to 90+ years, although the number of women accessing services is increasing. Our population is quite diverse, with multiple ethnicities (including significant numbers of Filipino American veterans), ages, sexual orientations and levels of SES represented. Veterans are not required to have served in a war to be treated by the PCT; however, our largest cohorts are Vietnam Era veterans and veterans of the current wars in Iraq and Afghanistan (Operation Enduring Freedom [OEF] and Operation Iraqi Freedom [OIF]). We also serve World War II / Korean War veterans and veterans from modern deployments (e.g., Persian Gulf, Desert Storm, Desert Shield and peacekeeping operations).

Training Opportunities: PCT offers 16- to 20-hour per week psychology practicum placements (externships); we anticipate having 2 positions available for the 2015-2016 training year. **Please note that our externship is best suited for externs who are entering their 3rd or 4th year of practicum training and who have some previous experience working with patients with PTSD.** Staff supervision is provided by psychologists G. Dawn Lawhon, PhD, Shira Maguen, PhD, Susan Maxwell, PsyD, Martha Schmitz, PhD, and Angela Waldrop, PhD. Externs will also have the opportunity to engage in individual supervision with our post-doctoral fellows, who specialize in working with PTSD in returning veterans and comorbid PTSD/substance use disorders.

Our externs gain proficiency in specialty evaluation, treatment planning, and treatment engagement of veterans with PTSD, many with co-occurring substance use disorders, mood disorders, and/or chronic pain. Using a phase-based approach to trauma recovery (i.e., evaluation, stabilization, exposure/uncovering, integration and relapse prevention, maintenance), trainees learn to provide both time-limited and long-term individual and group psychotherapy. There is also the opportunity to train in the provision of telemental health with veterans who live in remote areas.

Training in the assessment and diagnosis of PTSD primarily takes place in the context of the SFVAMC Behavioral Health Access Center. This intake clinic serves as the starting point for patients entering mental health care at SFVA. Each PCT extern will be assigned to one 2-hour Access Center shift. The extern will work closely with the PTSD specialist on that team, first observing and later conducting specialty PTSD evaluations with close supervision. The extern will also receive training in the assessment of PTSD using the Clinician-Administered PTSD Scale (CAPS), the PTSD Checklist (PCL), and other relevant measures. Supervision is provided by PCT staff both in-clinic and in additional supervision time outside of the Access Center shift.

Training in interdisciplinary and/or brief treatments for PTSD primarily occurs in the context of the PTSD 360 Clinic. This is a multidisciplinary clinic staffed by psychiatry, psychology, social work, and peer support personnel, in which PTSD-specialty medication management and brief individual behavioral treatments are provided. Each extern will be assigned to one 3-hour clinic shift, in which the extern will (1) conduct brief PTSD stabilization-focused individual psychotherapies (typically 4-8 sessions) and (2) learn and administer brief structured interventions (typically 1-2 sessions), including Motivational Interviewing and Brief CBT for Insomnia. Supervision is provided in-clinic by PCT Post-Doctoral Psychology Fellows with the support and guidance of staff who specialize in these areas. Outside of the 360 Clinic, the extern will also receive an additional hour of individual supervision with this post-doctoral fellow, in which the focus will be on longer-term therapy cases and professional development (including preparing for internship application).

With regard to training in individual psychotherapy for PTSD, the focus in the first half of the externship training year is on developing competency in stabilization, maintenance, and non-exposure based treatments for PTSD (e.g., psychoeducation and treatment engagement, Cognitive Behavioral Therapy for PTSD, Seeking Safety and grounding from emotional pain, etc.). Based on the extern's progress in these areas, specialized training in Cognitive-Processing Therapy for PTSD may be provided in the second half of the year. Though most individual therapy offered in PCT is time-limited and structured, there are also opportunities to provide longer-term care using psychodynamic, interpersonal, and/or other theoretical orientations.

Group psychotherapy is central to our treatment approach, and we offer our patients a full range of modalities, including drop-in psychoeducation, support, wellness, and meditation groups, time-limited skills-based classes, and ongoing long-term process groups. We strive to provide each extern with opportunities to co-facilitate a mix of these, with a supervisory emphasis on learning how to provide group-based treatments that enhance our veterans' knowledge of PTSD symptoms and healthy coping strategies, with focused skill-building to decrease emotional reactivity and increase mindfulness-based self-care.

In addition to individual and group supervision in the context of Access Center and 360 Clinic, each extern will receive 1 hour per week of individual supervision with a PCT staff psychologist and 1 hour per week of individual supervision with a PTSD-specialty post-doctoral fellow. In addition, externs will meet for brief supervision with their co-therapists following group therapy meetings, and will receive group supervision on a periodic basis throughout the year.

Externs also attend a weekly multidisciplinary seminar and clinical conference, which reviews the empirical literature pertaining to a number of different topics relevant to PTSD, including: epidemiological research findings, diagnostic research, treatment research (e.g., relative efficacies of group and individual therapies, research on cognitive behavioral, psychodynamic, exposure therapies), physiological findings in PTSD, psychopharmacological treatment of PTSD, and cultural factors in the expression of and treatment for PTSD within various subpopulations.

Contact Person: G. Dawn Lawhon, PhD, Director of Psychology Training for PCT at dawn.lawhon@va.gov

San Francisco VA Medical Center
Psychology Externship Training Program

Please email all materials to: SFVAMC_MHS_psychology_practicum@outlook.com

Please copy and paste this application into a word document and type.

Application Checklist:

___ Parts 1-3 of the application

___ Curriculum Vitae

___ Three letters of recommendation to support your application. They may be addressed to Dr. Rollins and emailed by the writer to the address provided above.

Note: One of these, from the Director of Training or a professor at your graduate school, must indicate approval of your seeking placement at the SFVAMC and confirmation of your graduate student standing.

___ Graduate Program Transcript (unofficial will be considered but official will be required if accepted).

Note: Graduate school transcripts may be mailed separately to the address below if they cannot be sent electronically.

Please email application materials to: SFVAMC_MHS_psychology_practicum@outlook.com

Transcripts unable to be sent electronically, may be mailed to:

**Jamye Kubick
Psychological Services
Mental Health Service
San Francisco VA Medical Center
4150 Clement Street (116B)
San Francisco, CA 94121**

Part 1:

Please rank order those areas of training to which you are applying:

- ☐ Santa Rosa CBOC
- ☐ General Addictions Clinic
- ☐ Opioid Replacement Treatment Clinic (ORT)
- ☐ Women's Clinic
- ☐ Health Psychology
- ☐ HIV/HCV Treatment
- ☐ General Psychiatric Outpatient Clinic
- ☐ Neuropsychology
- ☐ Psychosocial Rehabilitation (PSR)
- ☐ PTSD Treatment (PCT)

Name:

Mailing Address:

Preferred phone number(s):

US Citizen: Yes No

Graduate School:

Director of Clinical Training:

APA Accredited: Yes No (MUST BE ACCREDITED TO APPLY)

Type of Program: Clinical Counseling

Type of degree: Ph.D. Psy.D.

Practicum Training Year (*i.e., first, second, third, elective*):

Date of completion of course work for doctoral degree:

Date of completion of any qualifying examinations:

Date of completion of dissertation:

Part 2: Please complete the following three essays. Please limit to one page if possible.

1. Please describe your clinical experience (including clinical settings, patient or client population, duties in each setting, and approximate number of supervised clinical hours in each setting). Also indicate if you expect to obtain additional clinical experience between the time of your application and the beginning of the externship. Discuss the nature of your supervised experience.

2. Please describe your experience with both psychological assessment and research. Also indicate if you expect to acquire more experience before July.

3. Please discuss your interest in the emphasis areas to which you are applying and your goals for externship. Be specific regarding the types of clinical experiences you are seeking. Also, please describe how these goals fit within your overall plan for clinical training during graduate school (you may describe more than one emphasis area in this section).

Part 3

Agreement Regarding Representation of Training Experience

I, _____(printed name) understand that I am applying a training experience with the Psychological Services/Mental Health Service, San Francisco VA Medical Center that is classified as an “Externship.” Should I be accepted, I agree to represent this training at all times as an “Externship,” and I agree not to represent it anywhere (whether verbally, on a CV, to a license agency, etc.) as an “Internship” or as part of an internship. While my graduate school may count this externship experience toward its internally defined criteria for satisfying “internship” requirements, I will make sure that it does not represent to anyone externally that I obtained part or all of an “internship” at the SFVAMC.

Signature

Date

San Francisco VA Medical Center Psychology Training Staff

Keith R. Armstrong, LCSW is the Director of the Family Therapy Clinic, the social workers in Mental Health Service and is a Clinical Professor of Psychiatry at the University of California, San Francisco (UCSF). He is also a member of the Posttraumatic Stress Disorder Program. Prior to his 23 years of outpatient work at the VA he was the inpatient social worker for the VA's Psychiatric Inpatient Unit. He received his master's degree in Social Work from University of California, Berkeley in 1984. He is author of clinical and research articles and chapters addressing the treatment of traumatized individuals and families. He co-authored *Courage After Fire*, a self-help book for returning Iraq and Afghanistan veterans and their families and recently co-authored book *Courage After Fire for Parents*. In 2005 he also won the Excellence in Direct Teaching Award by the Haile Debas Academy of Medical Student Educators and in 2011 he won the prestigious George Sarlo award given to the top UCSF Department of Psychiatry instructor. In 2013 he was given his 5th excellence in teaching award by the University of California Psychiatry Residents Association. He is currently a consultant to the intensive Family Therapy program at UCSF and in 2013 was named national social worker of the year for the VA.

Nazneen Bahrassa, PhD is a Staff Psychologist on the Suicide Prevention Team based in the Santa Rosa CBOC. Dr. Bahrassa received her doctorate in counseling psychology from the University of Minnesota, Twin Cities, where her research focused on parent-child conflict among immigrant and non-immigrant families. She completed her pre-doctoral internship at the VA St. Louis Health Care System and postdoctoral fellowship at the San Francisco VA Medical Center, where she specialized in women's health and trauma. Dr. Bahrassa performs a range of clinical, administrative, and educational duties focused on the assessment, management, and treatment of suicidal behaviors in veterans in the northern CBOC communities (Santa Rosa, Ukiah, Eureka, and Clearlake). She also provides supervision to VA trainees in psychology and offers training in individual and group therapy services for women veterans including DBT and trauma-focused care. Dr. Bahrassa's current research interest include examining the impact of intimate partner conflict on women's health and well-being.

Steven L. Batki, MD is Chief of the Substance Abuse Programs, Director of the Addiction Psychiatry Fellowship Program, and Director of the Addiction Research Program at the San Francisco VA Medical Center. He is Professor in Residence in the UCSF Department of Psychiatry. In his previous role at UCSF, he was Director of the Division of Substance Abuse and Addiction Medicine at San Francisco General Hospital. Dr. Batki engages in clinical research in addiction psychiatry and psychopharmacology with a focus on the treatment of addiction and comorbid mental illness and medical disorders. His research work is currently funded by NIDA and the Department of Defense. His NIDA projects are aimed at improving the treatment of methamphetamine dependence. Dr. Batki's DoD-funded research at the San Francisco VAMC focuses on clinical trials to improve the treatment of alcohol use disorder in veterans with PTSD and in veterans with mild TBI..

Jennifer E. Boyd, PhD, CPRP is the Associate Chief of Mental Health for Psychosocial Recovery Services. She is also an Associate Adjunct Professor of Psychiatry at the University of California, San Francisco. Dr. Boyd was educated at Stanford University, the University of Maryland, Georgetown University, and Columbia University. Her research investigates the influence of sociocultural factors on psychopathology, such as the cross-cultural validity of psychological measures, and the effect of internalized stigma on the course of severe mental illness. Noteworthy papers include —"Hearing voices: Explanations and implications," "Internalized stigma predicts erosion of morale among psychiatric outpatients," "Correlates and consequences of internalized stigma for people living with mental illness: a systematic review and meta-analysis," "The relationship of multiple aspects of stigma and personal contact with someone hospitalized for mental illness, in a nationally representative sample" In clinical work, Dr. Boyd uses the recovery model of psychosocial rehabilitation. She received awards from the American Psychological Association Division 18 in 2009 for Outstanding Contributions in Psychosocial Rehabilitation, and in 2013 the Michael S. Neale award for service to people with serious mental illness.

Kristine Burkman, PhD is a staff psychologist with the Substance Use and PTSD (SUPT) Clinic and the PTSD Research Program. Dr. Burkman received her doctorate in clinical psychology from Northwestern University, Feinberg School of Medicine, where her research focused on developmental trauma and risk behaviors among youth in the child welfare system. She completed her pre-doctoral internship and postdoctoral fellowship at the San Francisco VA Medical Center, where she specialized in traumatic stress and co-occurring substance use disorders. Dr. Burkman provides supervision to trainees in psychology and psychiatry, and participates in the SUPT educational seminar. She offers training in comprehensive diagnostic evaluations, engagement among highly ambivalent veterans, individual and group psychotherapy, including trauma-focused cognitive behavioral therapies, and program development. Her clinical interests include developmental trauma, war stress, attachment, addiction, harm reduction, motivational enhancement therapy, and skills based interventions for self-regulation (i.e., DBT, Seeking Safety, anger management, mindfulness). Dr. Burkman's research interests include psychological impact of killing in war, moral injury, gender difference in combat PTSD, and treatment development for PTSD and complex trauma.

Timothy P. Carmody, PhD is Director of the Health Psychology Program, Health Sciences Clinical Professor of Psychiatry, UCSF, and Associate Director for Mental Health for the Center of Excellence for Education in Patient-aligned Care Teams in Primary Care. He received his doctorate in clinical psychology from the University of Montana in 1977 and has been a member of the Psychological Services staff since 1985. His professional interests include nicotine dependence, chronic pain, obesity/weight control, and behavioral factors in the prevention and treatment of coronary heart disease. He is affiliated with the Department of Psychiatry's Treatment Research Center and NIDA-funded Drug Abuse Treatment/Services Research Training Program, focusing on tobacco use cessation in alcohol-dependent smokers. He has published in a variety of areas in behavioral medicine including smoking cessation, pain management, and prevention of coronary disease. Dr. Carmody has been the recipient of a Research Career Development Award from the National Heart, Lung, and Blood Institute (NHLBI) and has served on several ad hoc grant review committees for NHLBI. He was also a member of the Evidence-Based Behavioral Medicine Committee for the Society of Behavioral Medicine. His research has been funded by the VA HSR&D and RR&D Programs, NIDA, and the University of California Tobacco-Related Diseases Research Program. He serves as an editorial consultant to several professional journals and is a member of the editorial boards for the *Journal of Clinical Psychology in Medical Settings* and *Psychological Services*. He also serves as chair of the VA's National Technical Advisory Group for tobacco use cessation, member of the planning committee for the VA Psychology Leadership Conference, and is current chair of the APA Division 18/VA section.

Maggie Chartier, PsyD, MPH is a staff psychologist at the San Francisco VA Medical Center and an Assistant Clinical Professor at UCSF. She is also the National Public Health Clinical Psychologist for VHA's HIV, Hepatitis, and Public Health Pathogens Program (HHPHP) in the Office of Public Health/Clinical Public Health. She received her MPH in Epidemiology at the University of Washington, Seattle in 2004 and her PsyD from the PGSP-Stanford Consortium in Palo Alto, California in 2009. She completed her clinical internship at UCSF and her postdoctoral fellowship in HIV/HCV Psychology at the San Francisco VA. Her primary areas of interest are in the psychological care of patients with HIV and Hepatitis C, health psychology, and Acceptance and Commitment Therapy (ACT).

John Devine, MD is a staff psychiatrist General Psychiatry Outpatient Services and is an Associate Clinical Professor, Department of Psychiatry, University of California, San Francisco. Dr. Devine received his medical degree from the University of Vermont in 1988, and completed his internship and residency in psychiatry at the University of California, San Francisco in 1992. He served as Chief Resident in Psychiatry at the SFVAMC from 1992-93, and has since worked as a staff psychiatrist in the outpatient services. His interest include psychiatric education, psychodynamic psychotherapy, group psychotherapy, treatment issues related to affective disorders and the psychiatric issues of patients with HIV infection. Dr. Devine's most recent publication has been a chapter on psychotherapy of patients with HIV infection in a book entitled: The UCSF ADS Health Project Guide to Counseling: Perspectives on Psychotherapy, Prevention and Therapeutic Practice.

Jeremy Doughan, PsyD is an Assistant Clinical Professor of Psychiatry at UCSF School of Medicine and staff clinical psychologist at the San Francisco Department of Veterans Affairs Medical Center, Division of Geropsychiatry.

Dr. Doughan provides clinical services to a number of programs and clinics throughout the medical center: Home Based Primary Care, Hospice/Palliative Care Service, Geriatric Medical Practice Clinic and Geropsychiatry Mood Assessment Clinic. In addition, Dr. Doughan is the Clinical Geropsychology Postdoctoral Fellowship Director and co-director for the Geropsychology training program at SFVAMC. Dr. Doughan received his undergraduate degree in psychology from the University of Minnesota. He subsequently received his master's and doctoral degree from the Minnesota School of Professional Psychology. During his graduate tenure, he completed an advanced practicum in geriatrics at the Minneapolis Department of Veterans Affairs Medical Center, a pre-doctoral APA clinical psychology internship at the Miami Department of Veterans Affairs Medical Center and APA postdoctoral fellowship in Clinical Psychology, with Geropsychology specialization, at the Department of Veterans Affairs Boston Healthcare System. He held academic appointments as a Teaching Fellow in Psychiatry at the Boston University School of Medicine and Clinical Psychiatry Fellow at Harvard Medical School. Currently he is an Adjunct Professor of Psychology at the University of San Francisco. Dr. Doughan's interests include geriatric-neuropsychological evaluations, personality assessments of older adults, interpersonal psychotherapy of geriatric patients and academic teaching/supervision of trainees.

Michael L. Drexler, PhD, CPRP is the Director of the Telemental Health Section and Workplace Violence Prevention Coordinator, and is a staff psychologist and neuropsychologist at the San Francisco VA Medical Center. Prior roles at SFVAMC have included Clinical Director of the Psychosocial Rehabilitation and Recovery Center, Local Psychosocial Recovery Coordinator (LRC) for Severe Mental Illness, Geriatric Neuropsychologist and Geropsychologist. He continues to supervise Postdoctoral Fellows in the Hospice Unit. Before coming to the VA, he worked at Laguna Honda Hospital and Rehabilitation Center in San Francisco, serving as Director of the Neuropsychology Service, Program Director of Psychosocial Units (with a focus on SMI), and Psychosocial Coordinator of the Dementia Cluster. Dr. Drexler has worked as the consulting neuropsychologist for Geriatric Services of San Francisco, Garfield Geropsychiatric Hospital in Oakland, Morton Bakar Geropsychiatric Center in Hayward (during which time Telecare Corporation embraced the psychosocial rehabilitation model), and Letterman Army Medical Center in San Francisco. He is Assistant Clinical Professor at UCSF, Adjunct Professor of Neuropsychology and Neuropsychological Assessment at the California School of Professional Psychology of Alliant International University, Instructor in Psychosocial Rehabilitation, Geropsychology and Neuropsychology at UC Berkeley Extension, and is Lecturer, Level 6, teaching the Gerontology Focus courses at Notre Dame de Namur University in Belmont California. He is a Fellow of the National Academy of Neuropsychology, and board certified by the Psychiatric Rehabilitation Association (formerly the United States Psychiatric Rehabilitation Association). Clinical placements while in training included Pyramid Alternatives in Pacifica, Garfield Geropsychiatric Hospital in Oakland (now Garfield Neurobehavioral Center), internship was at SFVAMC, and his Postdoctoral Fellowship (focusing on neuropsychology and rehabilitation psychology) was completed at Laurel Grove Rehabilitation Hospital (Eden Hospital) in Hayward California. He received his doctorate from the California School of Professional Psychology of Alliant International University, Berkeley, in 1988.

Maria Isabella Fernandez, MD is the Director of Psychiatric Intensive Care Unit and Assistant Clinical Professor at University of California, San Francisco. She graduated medical school at the University of Barcelona and completed residency at UCSF and a fellowship in geriatric psychiatry at Brown University. Her areas of interest are inpatient psychiatry, mood disorders, electroconvulsive therapy, and geriatric psychiatry. She teaches and directly supervises 3rd year UCSF medical students on their core psychiatry rotation and lectures in medical student rounds. She has published in the areas of panic disorder and treatments with buprenorphine.

Charles Filanosky, PhD, ABPP is a Staff Clinical Neuropsychologist board certified in Rehabilitation Psychology. He is an Assistant Clinical Professor of Psychiatry at UCSF and plays an active role in SFVAMC's Center of Excellence in Primary Care Education. Dr. Filanosky is detailed to primary care where he evaluates veterans who screen positive for mental and behavioral health concerns and provides consultation services to the medical staff. He also performs neuropsychological evaluations for PNAP where he specializes in traumatic brain injury (TBI). In addition, he is involved in the coordination of services for returning OEF/OIF veterans, performs compensation and pension evaluations at San Quentin and Napa State and is a member of the Polytrauma Clinical Support Team. He conducts

brief evidence-based therapies including CBT and Problem Solving Therapy. Prior to this, he completed a two year post-doctoral residency in clinical neuropsychology and rehabilitation research at The Mount Sinai Medical Center in New York and was an adjunct member of the faculty at Hunter College of the City University of New York. He earned his doctorate at the Pacific Graduate School of Psychology (2004) and has a Master's degree in education from Boston University (1995). His research interests include neuropsychological assessment, TBI, applications of technology in within mental health, and coping with grief and bereavement.

Chris Galloway, PhD is Program Director for the Substance Use Transitions Program and a Staff Psychologist for the Substance Abuse Day Hospital and Drug and Alcohol Treatment Clinic. Additionally, he is the VISN 21 SUD Program Lead (the liaison for VA Central Office and the SUD programs at VA's in this region). Prior to these roles he developed and directed the Suicide Prevention Program at the SFVAMC, served as Co-Chair of the hospital's Disruptive Behavior Committee, Co-Chair for the Mental Health Service's Quality Improvement Committee, and led the Mental Health Service's Systems Redesign efforts. Volunteering outside of the VA he is President of the Board of the Greater SF Bay Area Chapter of the American Foundation for Suicide Prevention. After receiving his PhD in Clinical Psychology in 2006 from the University of North Carolina at Chapel Hill, he completed a Postdoctoral fellowship with the Dual Disorders team at the Center for Excellence in Substance Abuse Treatment and Education at the Seattle VA. Dr. Galloway offers opportunities for training in all aspects of assessment and treatment of addictions, as well as program development. Dr. Galloway's research interests include assessment, etiology, and treatment of substance abuse and comorbid mental health conditions as well as suicide prevention.

Caitlin Hasser, MD is the Director of the Women's Mental Health Program, the VA site director for UCSF psychiatry residency training program and Assistant Clinical Professor at UCSF. She completed medical school at the University of Virginia in 2003 and her psychiatry residency at UCSF in 2007. Dr. Hasser works as a consultant to the Women's Clinic, a multidisciplinary clinic designed to provide comprehensive services to women veterans. The women's mental health program is currently expanding with increases in the services provided to women as well as educational opportunities for trainees in this integrated setting. Her interests include affective and anxiety disorders during pregnancy and the postpartum period, intimate partner violence screening, sexual trauma, post-traumatic stress disorder, primary care-mental health integration, multidisciplinary teaching and improving access to care. She has a strong commitment to teaching and regularly supervises psychology and psychiatry trainees. Her most recent publication is a perspective on intimate partner violence screening.

Ellen Herbst, MD is Associate Chief of the Substance Abuse Programs, staff psychiatrist and Assistant Clinical Professor of Psychiatry at UCSF. She is the Medical Director of the Substance Abuse Day Hospital (SADH) at the VA Medical Center, an intensive outpatient day program for patients with substance use and dual-diagnosis disorders. She has extensive clinical experience working with veterans with chronic mental illness, with a particular interest in substance use disorders, women's health, and post-traumatic stress disorder. In 2005, Dr. Herbst helped to design and implements a clinical trial investigating the effectiveness of D-cycloserine medication treatment combined with cognitive behavioral therapy for post-traumatic stress disorder. She also has a strong commitment to teaching and regularly supervises UCSF psychiatric residents, fellows, and medical students.

William Q. Hua, PhD is a staff psychologist in the Infectious Diseases and Liver clinics, where he provides psychosocial and behavioral support for veterans living with HIV and/or hepatitis C (HCV). He also mentors providers to provide specialty HIV and HCV mental health care to veterans living in rural communities through the Specialty Care Access Network Extension for Community Healthcare Outcomes (SCAN-ECHO) program. Dr. Hua is also the director of the HIV/HCV psychology training program. Prior to coming to the San Francisco VA in 2013, Dr. Hua received behavioral medicine training through the Palo Alto VA Health Care System psychology internship and fellowship programs. He completed his PhD in Clinical Health Psychology & Behavioral Medicine from the University of North Texas-Denton/University of North Texas Health Sciences Center. Dr. Hua is also a co-founder of a nonprofit organization called Here to Hope which focuses on promoting health and education for both HIV-positive and HIV-negative children living in children's homes in Guyana, South America. In 2010, he was recognized by the American

Psychological Association for his local, national, and international work in addressing stigma and improving wellness in persons living with HIV/AIDS.

Sabra Inslicht, PhD is a Staff Psychologist at the PTSD Clinic at the San Francisco VA Medical Center (SFVAMC). She received her PhD in clinical and health psychology from the University of Pittsburgh, completed a clinical internship at the Palo Alto VA and clinical and research postdoctoral fellowships at Stanford, UCSF, and the SFVAMC. Within the PTSD program, Dr. Inslicht conducts evaluations of PTSD patients, sees individual therapy cases and specializes in evidenced based treatments for PTSD, including Prolonged Exposure and Cognitive Processing Therapy for PTSD. Research interests include biological risk and resilience in PTSD such as fear extinction processes and associated neurobiological correlates, pharmacological adjuncts to enhance fear extinction, and the application of these findings to the treatment of PTSD in veterans. She also conducts research on gender differences in biological moderators (e.g. neurosteroids) of the stress response in PTSD. She is available for consultation on both research and clinical activities.

David Kan, MD is the Associate Chief of Mental Health for Quality Improvement, Medical Director of the ORT Clinic and Medical Review Officer for SFVAMC. He received his medical degree from Northwestern University Medical School and completed his psychiatry residency at UC San Francisco. He has also completed a Forensic Psychiatry Fellowship. He has supervised psychiatry and psychology trainees in the ORT and Substance Abuse Day Hospital and has won teaching awards through UCSF. His professional interests include addiction treatment, forensic psychiatry and assessment and treatment of special populations including the criminal justice populations. Dr. Kan also works part time for the City and County of San Francisco conducting evaluations and risk assessments. He is a member of the SFVAMC psychotherapeutic medications and co-chair of the Behavioral Alert Review committee. He authored the addiction chapter for First Aid for the Psychiatry and Neurology Boards published by McGraw-Hill Medical Publications. Dr. Kan was honored with "Teacher of the Year" in UCSF residency for 2012.

Susan Karpenko, LCSW is a clinical social worker and certified group psychotherapist from the American Group Psychotherapy Association. She received her graduate degree in Social Welfare from the University of California Berkeley. She is a staff member with the San Francisco VA's Substance Use and Posttraumatic Stress Disorder program (SUPT). She provides treatment for veterans with co-occurring substance disorder and complex trauma histories, including combat, military accident and military sexual trauma. She supervises trainees from multiple health care provider disciplines in the SUPT program. She is a leader in providing and maintaining the Anger Management groups. She practices evidence-based treatments, including Prolonged Exposure and Cognitive Behavioral Therapies and has adapted them to group therapy settings. She is key provider of group therapy training to psychology interns, externs, residents and social work interns.

Jessica Keyser, PhD is a Staff Psychologist who works primarily in the Substance Abuse Day Hospital. Prior to this role, she worked in the Opiate Treatment Program, specializing in individual and group psychotherapy with veterans on medication assisted treatment for opioid dependence. She also works with the Health Psychology team, conducting evaluations of candidates for gastric bypass surgery. She received her PhD from Temple University in 2010, after completing her internship training at the SFVAMC. Following her internship, she completed a postdoctoral fellowship at the SFVAMC specializing in substance use and co-occurring disorders. Dr. Keyser is a VA national training consultant for motivational interviewing. She uses a flexible, integrative approach with veterans, combining CBT and MI skills within a relational conceptualization. She is passionate about supervision and training and works with trainees to develop an individualized training plan to meet their specific goals. Dr. Keyser is also active on the Health Promotion, Disease Prevention Committee, specializing in hospital wide interventions to help veterans limit alcohol intake to lower risk levels. Her research interests primarily include emotional processes underlying mood, eating, and substance use disorders and cognitive vulnerability to depression, and she recently served as a study therapist on Dr. Maguen's investigation of a CBT based intervention addressing the impact of killing in combat.

G. Dawn Lawhon, PhD is the training director for the Posttraumatic Stress Disorder Clinical Team (PCT) and has been a member of the PCT staff since 2007. After receiving her PhD in Clinical Psychology and Women's Studies

from the University of Michigan (2004), Dr. Lawhon completed a clinical post-doctoral fellowship in PTSD at the San Francisco VAMC (2005) and a NIDA-funded research fellowship in substance abuse treatment at the University of California, San Francisco (2007). Within the PTSD clinical program, Dr. Lawhon conducts evaluations, leads therapy groups, and treats patients in individual therapy, with emphasis on enhancing motivation for treatment, particularly in the context of complex trauma. She also conducts intakes and serves as a specialty PTSD consultant in the Behavioral Health Access Center. Dr. Lawhon specializes in integrative group treatment of PTSD, in which psychoeducation and cognitive behavioral skill building are provided within a relational and mindfulness-based frame. She provides supervision to psychiatry residents, psychology interns, externs and fellows, and participates in the PCT educational seminar.

Kewchang Lee, MD is Director of the Psychiatry Consultation Unit at the SF-VAMC and Associate Clinical Professor of Psychiatry at the UCSF School of Medicine. He is actively involved in clinical and teaching activities, focusing on consultation-liaison psychiatry and mental health issues in the primary care setting. He is Director of the UCSF Fellowship Program in Psychosomatic Medicine, and has published several chapters in psychiatry, internal medicine, and geriatric medicine texts. Dr. Lee was educated at Harvard University, and received his MD at New York University in 1992. He was trained in the psychiatry residency program at UCSF.

Russell Lemle, PhD is Psychology Director, Mental Health Service and Associate Clinical Professor, UCSF Medical School, Department of Psychiatry. He obtained his doctorate from SUNY at Buffalo in 1979. He completed his pre-doctoral internship at UCLA Neuropsychiatric Institute and postdoctoral fellowship in Family Therapy at Langley Porter Psychiatric Institute. Between 1984 and 1993, he was Chief of the SFVAMC Outpatient Alcohol Clinic, during which period he authored articles on alcohol treatment and etiology. Since 1992, he has been the Psychology Director (formerly called Chief Psychologist). Other areas of professional interest, teaching and publications include couples therapy, psychotherapy process and group therapy. Dr. Lemle is on the Planning Committee of the yearly national VA Psychology Leadership Conference and mentors trainees who are interested in the development of mental health policy. For his significant contributions to national VA Psychology issues, he received an APA Presidential Citation in 2005, the APA Division 18 Harold Hildreth Award in 2011 and the Antonette Zeiss Distinguished Career Award of the Association of VA Psychologist Leaders in 2013. Dr. Lemle is a Fellow in APA Division 18

Shira Maguen, PhD is Director of the Psychology Fellowship Program for the VA Advanced Fellowship Program in Mental Illness Research and Treatment, Associate Professor of Psychiatry at UCSF, and a Staff Psychologist on the Posttraumatic Stress Disorder Clinical Team (PCT). Dr. Maguen completed her internship and postdoctoral training at the National Center for PTSD at the VA Boston Healthcare System after receiving her doctorate in Clinical Psychology from Georgia State University. She is involved with both the clinical and research components of the PTSD program. Within the PTSD clinical program, Dr. Maguen conducts evaluations and sees patients for individual therapy. She is involved in the provision of services for the returning Afghanistan and Iraq War veterans, and is the Mental Health Director of the OEF/OIF Integrated Care Clinic. Dr. Maguen specializes in evidence-based cognitive behavioral therapies, including Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE) Therapy and for PTSD. She leads the CPT seminar and supervision group offered through the PCT. She provides supervision to psychology interns, externs and fellows, teaches psychiatry residents in training with the PCT, and participates in the PCT educational seminar. Her research interests fall under the umbrella of PTSD and include risk and resilience factors in veterans, the psychological impact of killing in war, mental health issues in female veterans, and sleep and PTSD.

Megan McCarthy, PhD is a staff psychologist with the Suicide Prevention Program and the Director of the Telemental Health Program. She completed her predoctoral internship at SFVAMC and received her doctoral degree from the University of California, Berkeley. During fellowship at Cambridge Hospital/Harvard Medical School, she specialized in psychotherapies that focus on developmental and interpersonal aspects of psychopathology. As part of the suicide prevention program, Dr. McCarthy is based at the Santa Rosa CBOC and performs a range of clinical, administrative, and educational duties focused on the assessment, management, and treatment of suicidal behaviors

in veterans at the Northern CBOCs (Santa Rosa, Ukiah, Eureka, and Clearlake). Dr. McCarthy is especially interested in interpersonal psychotherapy (IPT), models of clinical supervision, encouraging trainees to provide clinical care via videoteleconferencing, and bringing attachment research to bear on the development of more effective psychotherapies.

John R. McQuaid, PhD, is Associate Chief of Mental Health for Clinical Administration at the San Francisco VA Medical Center, and serves as a staff psychologist for the General Psychiatric Outpatient Service (GPOS). He completed his undergraduate education at the University of California, San Diego, his PhD at the University of Oregon, and his internship and postdoctoral fellowship at the University of California, San Francisco. Prior to joining the San Francisco VA in 2009, Dr. McQuaid worked at the VA San Diego Healthcare System and UCSD for 13 years as Director of a mood clinic. Dr. McQuaid's clinical and research expertise is in the development and use of cognitive-behavioral interventions for psychiatric disorders and health management issues. He has served as a PI, co-investigator or consultant on several treatment studies applying cognitive-behavior therapy to treatment of psychosis, comorbid depression and substance dependence, phantom limb pain and high risk sex behaviors. Dr. McQuaid also has extensive experience as a clinical supervisor, having twice received the teaching excellence award from the VA San Diego/UCSD Psychology Internship Program.

Thomas Neylan, MD is the Director of the Posttraumatic Stress Disorders (PTSD) Clinical and Research Programs at the San Francisco Veterans Affairs Medical Center. He is a Professor, In Residence in the Department of Psychiatry at the University of California, San Francisco. Dr. Neylan has been an active researcher in the study of sleep and Posttraumatic Stress Disorder for the past 18 years. He has been the Principal Investigator on multiple funded projects sponsored by the National Institutes of Health, the National Institute of Justice, the Department of Defense, and the Department of Veterans Affairs. Dr. Neylan has first-authored multiple articles in prominent psychiatric journals including the Archives of General Psychiatry, the American Journal of Psychiatry, Biological Psychiatry, Chronobiology International, Journal of Clinical Psychiatry, Journal of Traumatic Stress, Neuropsychopharmacology, and Psychosomatic Medicine. He has presented his research at national meetings such as the American Psychiatric Association, the American College of Neuropsychopharmacology, the American Sleep Disorders Association, and the International Society for Traumatic Stress Studies. Dr. Neylan has served on the National Institutes of Health, Center for Scientific Review, Adult Psychopathology and Disorders of Aging Study Section.

Tatjana Novakovic-Agopian, PhD is a Rehabilitation Neuropsychologist at SFVAMC TBI- Polytrauma Clinic. She is also an Assistant Professor at UCSF, and a Co-Director of the Program in Rehabilitation Neuroscience at SFVAMC, VANCHCS and UC San Francisco. She received her graduate education from Johns Hopkins University and California School of Professional Psychology, and her postdoctoral training at UCSF. Her clinical interests include assessment and cognitive rehabilitation/reintegration of individuals recovering from brain injury. Her research focuses on development and implementation of theory driven interventions for rehabilitation of executive control functions after brain injury, PTSD and in aging, and on ecologically valid multi-level outcome assessment methods. She is currently a Principal Investigator and a Co-Investigator on VA Merit and DOD sponsored clinical research studies investigating effectiveness of cognitive trainings in Veterans with PTSD, and history of TBI. She served as chair of the Brain Injury Research Committee of the California Pacific Regional Rehabilitation Center, and is a past president of the Northern California Neuropsychology Forum. She has presented her work internationally and is an author of a number of peer reviewed publications.

Nancy Odell, LCSW is a clinical social worker on the Substance Use/ Posttraumatic Stress Team (SUPT) and an Associate Clinical Professor at the UCSF Medical School, Department of Psychiatry. She received her graduate degree in Clinical Social Work from Boston College and worked at the National Center for Posttraumatic Stress Disorder prior to working at the San Francisco VA Medical Center. She provides group supervision for psychiatry residents and coordinates the SUPT Clinical Training Seminar. Ms. Odell participated in an inter-cultural exchange in the Republic of Vietnam. She traveled to Vietnam and met with various mental health professionals, university and government officials to exchange treatment information on Posttraumatic Stress Disorder and substance use

disorders. She participated in a treatment outcome study with Stanford University investigating the effectiveness of group psychotherapy for women diagnosed with Posttraumatic Stress Disorder from childhood sexual abuse. She participated in MIRECC and DOD funded studies investigating the effectiveness of exposure based treatments for Vietnam and Iraq/Afghanistan veterans. She has specialized training in Cognitive Processing Therapy (CPT) for the treatment of trauma and additional training in Mindfulness Based Stress Reduction treatment. She has extensive training in Control Mastery Theory and her orientation is cognitive/behavioral and psychodynamic. Ms. Odell has a private practice in San Francisco.

Sarah Palyo, PhD is the Manager of the Intensive Pain Rehabilitation Program and Behavioral Pain Programs for the SFVAMC Pain Clinic. She received her PhD in clinical psychology from the State University of New York at Buffalo and completed her clinical internship at the Palo Alto VA Medical Center. She completed a post-doctoral fellowship in Stanford University's Behavioral Medicine Clinic. Dr. Palyo specializes in the assessment and treatment of co-occurring chronic pain conditions and psychiatric disorders, with an emphasis on CBT and ACT based interventions. Treatment modalities include individual, group, and video conferencing sessions with patients in the Community Based Outpatient Clinics. Dr. Palyo is also involved in the development of the interdisciplinary Pain Clinic, which has plans to include a CARF-accredited, tertiary pain program. Dr. Palyo's research interests include co-occurring chronic pain and PTSD and resiliency.

Kellie Rollins, PsyD is the Director of Psychology Internship and Practicum Training Programs at San Francisco VA Medical Center (SFVAMC) and staff psychologist in the Opioid Treatment Program (OTP) within the Substance Abuse Programs at SFVAMC. She assumes a clinical educator role as Associate Clinical Professor in the Department of Psychiatry at the University of California, San Francisco School of Medicine. Dr. Rollins received her Doctor of Psychology degree from Nova Southeastern University in 2005 after completing predoctoral internship at Harvard Medical School/Boston VA Medical Center where she specialized in assessment and treatment of severe psychopathology in women Veterans and longer-term psychodynamic psychotherapy. She subsequently completed her postdoctoral fellowship at SFVAMC, focusing on the treatment of substance use disorders and posttraumatic stress and was hired on as staff in 2006. In her role as staff psychologist in ORT Clinic, she provides individual psychotherapy and group psychotherapy for Veterans with substance use disorders and co-occurring psychiatric, personality/characterological and medical conditions. As Director of Psychology Training at SFVAMC, Dr. Rollins leads the APA accredited clinical psychology predoctoral internship and the practicum training programs. She is also Chair of SFVAMC Mental Health Service Quality Improvement (QI), Member-At-Large of the Executive Committee of the National VA Psychology Training Council (VAPTC) and Campus Training Representative for the APA Federal Education Advocacy Coordinators. Beyond the VA, she is chair of American Association for Treatment of Opioid Dependence (AATOD) conference workshop committee and has a part-time private practice and consultation business in San Francisco.

Johannes C. Rothlind, PhD directs the Neuropsychological Assessment Program at the SF VAMC. He is an Associate Clinical Professor of Psychiatry at UCSF. Dr. Rothlind obtained his PhD in Clinical Psychology from the University of Oregon in 1990, with a focus in neuropsychology. He completed his pre-doctoral clinical psychology internship at the UCSD/San Diego VAMC with special emphasis in geriatric neuropsychology. From 1990-1992 he completed a NIA-sponsored postdoctoral neuropsychology fellowship at the Johns Hopkins University School of Medicine, where he was engaged in mentored research on the neuropsychology of Huntington's disease and received further supervised training in clinical neuropsychology. Dr. Rothlind came to the SFVAMC in 1995 after several years on the faculty of the University of Maryland School of Medicine, as an assistant professor of psychiatry. His responsibilities at the SFVAMC include leadership of the operations of the Neuropsychological Assessment Program. He provides evaluation and consultation services to a wide range of clinical programs including the various clinics of the Mental Health Service, Medical Practice Clinics, the PADRECC, Memory Disorders Clinic, Comprehensive Epilepsy Program, and TBI clinic. He is the director of the Clinical Neuropsychology Residency training program at the San Francisco VA, and provides teaching and supervision to clinical psychology trainees at all levels of experience (practicum students, interns, post-doctoral fellows). He leads weekly training seminars and case-conferences reviewing core topics in neuropsychological and psychological assessment,

including functional neuroanatomy, and theoretical and empirical foundations of clinical neuropsychological assessment and consultation. Dr. Rothlind also maintains active collaboration with SFVAMC and UCSF investigators studying the effect of deep brain stimulation for treatment of Parkinson's disease. His research interests also include developing methods for brief and reliable assessment of disorders of self-awareness in patients with neuropsychological disorders.

Emily Sachs, PhD is a Staff Psychologist at the San Francisco VA Medical Center (SFVAMC) specializing in pain management and trauma recovery in primary care, Pain Clinic and rural clinics via tele-mental health. To address the specific needs of Veterans returning from Iraq and Afghanistan with chronic pain, Dr. Sachs developed a specialized group program focusing on healthy pain coping, substance abuse prevention, and readjustment issues. Dr. Sachs also provides evidence-based training to medical staff regarding safe management of complex chronic pain patients. Dr. Sachs earned her PhD in Clinical Psychology at Fordham University in 2011, and completed her Clinical Internship and Postdoctoral Fellowship at the SFVAMC, with a focus on Pain Management, Primary Care Psychology and evidence-based treatments for PTSD. She has published original research articles on trauma and coping with chronic illness in the *Journal of Traumatic Stress* and the *Journal of Hospice and Palliative Medicine*.

Martha Schmitz, PhD, ABPP is a staff psychologist at the San Francisco Veterans Affairs Medical Center and Assistant Clinical Professor at University of California-San Francisco School of Medicine. She provides Posttraumatic Stress Disorder treatment to veterans residing in rural areas via telehealth, as well as at the medical center. Dr. Schmitz offers continuing education workshops and consultation in the treatment of PTSD and substance abuse to clinicians both nationally and abroad. She began working with Lisa M. Najavits, PhD, author of *Seeking Safety: A Treatment Manual for PTSD and Substance Abuse*, as a postdoctoral fellow at McLean Hospital-Harvard Medical School in 2000 and continues to work as her associate through Treatment Innovations. She received her doctorate in counseling psychology from the University of Missouri-Columbia after earning her master's and bachelor's degrees from the University of California-Davis. She has collaborated on several research projects in both the United States and France. Her clinical and research interests include posttraumatic stress disorder, substance abuse, and resiliency in survivors of trauma.

Courtney Smith-Kilbury, PhD is a staff psychologist with the Mental Health Clinic at the Santa Rosa CBOC. She completed her pre-doctoral internship at the Bay Pines VAHCS and received her doctoral degree in Clinical Psychology from Virginia Commonwealth University in 2012. Following internship, she completed a postdoctoral fellowship specializing in substance use and co-occurring disorders at the San Francisco VAMC. As part of the Mental Health team in Santa Rosa, Dr. Smith-Kilbury provides individual and group psychotherapies, triage assessment and intervention, and clinical supervision to postdoctoral fellows. Clinically, she is interested in the assessment and treatment of substance use and comorbid disorders, particularly Social Anxiety Disorder and PTSD, and is certified as a national CPT provider.

Mark Stalnaker, PhD is the Evidence-Based Psychotherapy Coordinator and staff psychologist with the General Psychiatric Outpatient Service (GPOS) and Posttraumatic Stress Clinical Team (PCT). He is also co-lead of the Dialectical Behavior Therapy (DBT) treatment team. After receiving his PhD in Social Psychology in 2004 from Harvard University, he obtained a Certificate of Clinical Respecialization from the University of Massachusetts at Amherst in 2006. He subsequently completed his clinical internship at the Baltimore VA Medical Center and postdoctoral fellowship in posttraumatic stress at the San Francisco VA Medical Center. Prior to transitioning to his current role, he served on the SFVA Suicide Prevention Team since 2009, and was program lead from 2010-2014. As EBP Coordinator, he serves as the administrative and clinical lead for implementation of evidence-based psychotherapies at SFVA. Dr. Stalnaker's research and clinical interests include cognitive-behavioral and mindfulness-based interventions, with an emphasis on treatments for depression, PTSD, and borderline personality disorder. He serves as a national training consultant with the VA Cognitive Behavioral Therapy for Depression (CBT-D) training program.

John Straznickas, MD is the Team leader for the Substance Use Posttraumatic Team (SUPT) and a staff attending psychiatrist in the Substance Abuse Outpatient Clinic (SAOPC) at the San Francisco VA Medical Center. He is an Associate Clinical Professor in the Department of Psychiatry at the University of California, San Francisco School of Medicine, and has received several teaching awards from the residents in psychiatry including the Excellence in Teaching Award in 2004, 2007, 2008 and 2010. He organizes the substance abuse seminar for all the trainees and supervises the psychiatry residents and the psychology fellows, interns, externs and medical students. He has expertise in the theory and practice of group psychotherapy and leads two group supervision seminars for both faculty group leaders and psychiatry residents. Dr. Straznickas received his medical degree from Duke University and is a graduate of the UCSF psychiatry residency program.

Elizabeth S. Sutherland, PsyD is the Geropsychologist for the Department of Geropsychiatry along with Assistant Clinical Professor, Department of Psychiatry at the University of California, San Francisco. Dr. Sutherland is also an adjunct professor at John F. Kennedy University. Currently, she has been serving as co-chair of the Disruptive Behavior Committee for several years covering SFVAMC and all the CBOC's. She completed her pre-doctoral internship at Mount Sinai Medical Center in Manhattan through the Department of Rehabilitation Medicine specialized in acute inpatient units for spinal cord injuries and traumatic brain injuries. Dr. Sutherland completed her postdoctoral fellowship at the San Francisco VA Medical Center, specializing in older adults for both inpatient and outpatient services. Research interests include evaluating the efficacy of interdisciplinary teams with individuals diagnosed with dementia within long-term care facilities.

Alexander Threlfall, MD, MA is the Associate Chief of Staff (ACOS) for SFVAMC MH operations in the community based outpatient clinics (CBOC's). He is also the acting director for mental health at the Santa Rosa CBOC. He completed his fellowship training in geriatric psychiatry at UCSF and the SFVAMC in June of 2011 after completing his residency training at the University of Pennsylvania in June of 2010, where he was chief resident of psychosomatics and emergency psychiatry at the Hospital of the University of Pennsylvania and inpatient services at the Philadelphia VAMC. He attended medical school at Texas Tech School of Medicine in Lubbock, TX, which provided a unique opportunity for training in rural setting. As the ACOS for MH – CBOC's, Dr. Threlfall has brought his clinical expertise and administrative background to facilitate the continued innovation of mental health care within the SFVAMC's CBOC's across both the generational and clinical spectrum.

Hui Qi Tong, PhD is a staff psychologist and psychology training director for the Women's Mental Health Program at the Women's Clinic, San Francisco VA Medical Center. She is a supervising staff for the Interpersonal Psychotherapy Clinic at SFVAMC. She is Clinical Assistant Professor, UCSF, School of Medicine. Dr. Tong received her medical degree from Shanghai Medical College, Fudan University in China and her PhD in Clinical Psychology from Palo Alto University. She completed her psychiatric residency program at Shanghai Mental Health Center, Shanghai Jiao Tong University and her psychology internship and fellowship at the San Francisco VA Medical Center. She has expertise in research-informed psychotherapy and works with an integrative approach. In her clinical work, Dr. Tong conducts CBT-based intervention (i.e. Seeking Safety), Interpersonal Psychotherapy (IPT), Time-limited Dynamic Psychotherapy (TLDP) and Mindfulness-Based Interventions (i.e. MBSR, ACT). Dr. Tong is also actively involved in the Global Mental Health Program at UCSF, conducting PTSD research and providing training in psychotherapy in China.

Joni L Utley, PsyD is a Staff Psychologist in the Drug and Alcohol Treatment (DAT) Clinic and the Substance Abuse Day Hospital (SADH). She completed a 2-year postdoctoral fellowship at VA Boston Healthcare System, where she specialized in treating PTSD/SUD and held an academic appointment at the Boston University School of Medicine. Prior to this, she completed her internship at the University of Massachusetts Medical School/Worcester State Hospital, where she obtained a broad range of clinical training experiences with a focus on trauma, addictions, and co-occurring disorders. Dr. Utley earned her doctoral degree in Clinical Psychology from Regent University in Virginia Beach, VA. She has research experience in PTSD, SUD, posttraumatic growth, and cognitive behavioral couples' therapy. In addition to her current role at the San Francisco VA, Dr. Utley is an associate for Lisa Najavits, PhD (developer of Seeking Safety) with Treatment Innovations, a company that provides training and consultation for

evidence based practice with PTSD/SUD. She is also a veteran; she served 5 years active duty and is currently a Lieutenant Commander (O-4) in the Coast Guard Reserve.

Angela Waldrop, PhD is Interim Director of the Stephen M. Rao Fellowship in Interprofessional LGBT Health Care. She is an Assistant Adjunct Professor of Psychiatry at UCSF and a Staff Psychologist on the PTSD Clinical Team at the San Francisco VAMC and at the San Francisco Downtown Clinic. She received her doctorate in clinical psychology from the University of Missouri-St. Louis. She completed her predoctoral internship and a NIMH-funded research postdoctoral fellowship at the Medical University of South Carolina, primarily at the National Crime Victims Research and Treatment Center. Her clinical expertise is in the treatment of PTSD, anxiety and mood disorders, and substance use disorders, with a focus on the application of empirically-based treatments.

Samuel Wan, PhD is the Director of Training for the Postdoctoral Fellowship Program, a staff psychologist with the SFGVAMC Substance Use and PTSD Clinic (SUPT), and is an Assistant Clinical Professor of Psychiatry at UCSF. He completed his pre-doctoral internship with the Boston Consortium in Clinical Psychology and post-doctoral fellowship in Substance Use Disorders at the San Francisco VA Medical Center. He received his PhD in Counseling Psychology from Boston College, and later collaborated on a clinical research project investigating the efficacy of treatments for co-occurring chronic pain and PTSD. As team member of the SUPT clinic, Dr. Wan performs a range of clinical, administrative, and educational activities focused on the assessment, management, and treatment of co-occurring substance use disorders and PTSD in the veteran population. Dr. Wan's clinical interests include substance use disorders, posttraumatic stress disorder, multicultural psychology, particularly Asian American psychology, and gender issues. He is currently serving as Chair of the Planning Committee for the Annual VA Psychology Leadership Conference, Member-At-Large for Division 51 (Society for the Psychological Study of Men and Masculinity), and as Chair of the Psychology Diversity Committee. For 2012, Dr. Wan was selected as the James Besyner Early Career Award for Distinguished Contributions to VA Psychology by the Association of VA Psychology Leaders. For 2008-09, Dr. Wan was an Early Career Leadership Fellow with the Asian American Psychological Association, a program that he now co-chairs.

Joan Zweben, PhD is part time staff psychologist at the VA where she supervises trainees in issues related to the treatment of addiction. Dr. Zweben is a Clinical Professor in the Department of Psychiatry, UCSF Medical Center. Dr. Zweben is an APA Fellow in the Addiction Division since 1997. Most of her time is spent as Director of the East Bay Community Recovery Project in Oakland, a substance abuse treatment program that provides psychological and medical services in residential and outpatient settings, and also offers supportive housing. Dr. Zweben is widely known as a consultant in the area of drug and alcohol treatment. She is an author of four books and over 70 journal articles and book chapters on substance abuse issues. She does consulting and training in a wide range of drug and alcohol treatment modalities.

Leila Zwelling, LCSW is a clinical social worker with the San Francisco VA's Women's Clinic Mental Health Program and an Assistant Clinical Professor with UCSF's Psychiatry Department. She provides gender-specific treatment for female veterans with complex trauma histories, including childhood abuse, combat and military sexual trauma, and intimate partner violence. Ms. Zwelling is VA certified in evidence-based treatments, including Prolonged Exposure and Interpersonal Psychotherapy, and she was recently selected as a Staff Consultant for the VA's national Interpersonal Psychotherapy Rollout Program. Ms. Zwelling supervises trainees in the Women's Integrated Care Clinic, providing mental health treatment and consultation in the primary care setting. As the clinics' Intake Coordinator, she has played a key role in the expansion of women's mental health services at the San Francisco VA. She also teaches a weekly seminar on Interpersonal Psychotherapy for psychology students. A graduate of the University of Virginia, she completed clinical training with UCSF's Infant-Parent Program, and worked in San Francisco General Hospital's Psychiatry Department prior to joining the VA.